

WHAT ARE BLOOD THINNERS?

Blood thinners, sometimes referred to as “anti-coagulants”, are medicines prescribed to prevent clots from forming in your blood. Generally speaking, blood thinners help your blood to flow easily and not form clots inside your body.

Some people only need blood thinners for a short period of time to avoid clotting after an operation. Others may need to take blood thinners for the rest of their lives to treat long-term conditions (such as atrial fibrillation or history of stroke).

No matter how long you are taking blood thinners or for what reason, it is important to take them safely and avoid unnecessary health risks.

Read on to learn how to stay safe and be prepared while on blood thinners.

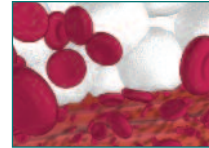
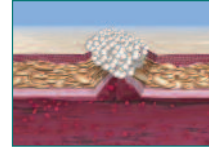


ADVANCED CLOTTING TECHNOLOGY **BLEEDARREST®**

HOW IT WORKS...

BleedArrest® powder and foam absorb water from the blood and concentrate the clotting factors at the wound site, accelerating your body's natural clotting process.

See product packaging for complete indications, warnings and instructions.



For a list of BleedArrest® retailers visit
www.bleedarrest.com or call 1-866-612-CLOT.

Manufactured by Hemostasis, LLC
5000 Township Parkway, St. Paul, MN 55110
866-612-2568

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BLOOD THINNER PATIENTS...



STAY SAFE.

BE PREPARED.

BLEEDARREST®

ADVANCED CLOTTING TECHNOLOGY

WWW.BLEEDARREST.COM

STAY SAFE.

Follow your doctor's recommendations along with these tips to be safe and stay healthy while taking blood thinners...

- **Take your medication as directed.**
Never skip a dose or take a double dose unless instructed by your doctor.
- **Make sure to have your blood tested as directed.**
- **Avoid sports and activities that are likely to cause injury.**
- **Take special care when trimming your nails or shaving.**
- **Talk to your doctor about wearing a medical alert bracelet** to immediately inform healthcare professionals about your medication.
- **Be very careful when using knives and scissors.**
- **Wear shoes or non-skid slippers in the house.**
- **Always wear sturdy shoes outside.**
- **Wear thick work gloves when doing house projects or yard work.**
- **Use a soft toothbrush and waxed dental floss.**

Check with your doctor or health care provider for specific details about your treatment, precautions and possible side effects.

BE PREPARED.

Side effects with blood thinners are not common but do exist.* Most side effects relate to how the medicine works—by keeping your blood from clotting.

TOPICAL BLEEDING PROBLEMS

Treat at home

- ✓ Occasional nosebleed
- ✓ Easy bruising
- ✓ Bleeding from minor cuts or scrapes
- ✓ Gum bleeding while brushing teeth

Keep BleedArrest® products in your medicine cabinet for effectively treating topical bleeding at home.

*Talk to your health care professional and read the information with your prescription for details on your specific medication.

MAJOR BLEEDING

Seek medical care immediately!

- ✗ Red or dark brown colored urine
- ✗ Too much bleeding from the gums or nose
- ✗ Coughing up/throwing up dark or red substances
- ✗ Severe Pain (such as headache or stomachache)
- ✗ A cut that won't stop bleeding within 10 minutes
- ✗ Hitting your head or taking a serious fall

ADVANCED BLOOD CLOTTING TECHNOLOGY YOU CAN USE AT HOME!



Nosebleed Pack Stops nosebleeds quickly!

Each box contains five individually wrapped BleedArrest® clotting foam strips.



Foam strips also work great on shaving cuts!



Multi-Purpose Convenience Pack Great for skin cuts, scrapes, shaving cuts and nosebleeds.

Each box contains two BleedArrest® clotting foam strips and 5 grams of BleedArrest® clotting powder in a bellows applicator.



For a list of BleedArrest® retailers visit us online at www.bleedarrest.com or call 1-866-612-CLOT.