Informational Guide
FOR PATIENTS
What is Catheterization?

The procedure involves inserting a catheter into a blood vessel for the purpose of investigation or intervention. At the beginning of the procedure, your physician made a small needle puncture into the femoral (groin), brachial (arm), or radial (wrist) vessel. Then an introducer sheath was placed through the existing puncture, ending up inside your blood vessel. When the procedure was complete, the introducer sheath was removed and the puncture site was sealed by trained medical professionals using ExcelArrest® XT.

What is ExcelArrest® XT?

ExcelArrest® XT is a hemostatic patch used by medical professionals to stop bleeding quickly.

How does ExcelArrest® XT work?

Following a catheterization procedure the puncture in the blood vessel must be sealed. After sheath removal, a nurse or technician applies firm pressure over the site using ExcelArrest® XT to speed the clotting process. ExcelArrest® XT utilizes a unique combination of natural components that both absorbs water from the blood and concentrates the clotting factors at the puncture site, accelerating your body’s natural clotting process. The result is a quick, safe, and effective method of sealing your wound.

CAUTION: Federal law restricts this device to sale by or on the order of a physician.
When & how do I remove my ExcelArrest® XT patch?

For the first twenty-four hours you need to keep the puncture site clean and dry. Your physician will recommend when you may safely remove the ExcelArrest® XT patch (typically within 24 hours). Removal of the patch should be done in the shower or bathtub. Once in contact with warm water, the ExcelArrest® XT patch will slowly dissolve and become slippery. Slowly peel the patch from the puncture site and discard. Gently clean the puncture site with soap and water. Follow your physician’s directions for activity and medications. Please contact your physician if you have any questions.

When should I call my Doctor?

Watch out for signs of infection, and notify your physician if any of the following occur:

- Bleeding or significant drainage from the puncture site;
- Swelling, redness or warmth around the puncture site;
- Increased tenderness, numbness or cold sensation around the puncture site.

Mild swelling, bruising, and a small lump under the skin at the puncture site are normal and should disappear within three to four weeks.

A continuous flow of blood from the puncture site is a medical emergency. Call 911 immediately.

Lie flat and apply firm pressure to the puncture site (bleeding location) until emergency personnel arrive.